

What Your Dollars Can Provide

Community Health Charities

- \$1 provides an educational booklet for a person newly diagnosed with multiple sclerosis.
- \$1 per two-week pay period provides one unit of a cryoprecipitate blood transfusion for a woman suffering from a rare blood disorder.
- \$2 per pay period will purchase a session of speech language pathology service to help restore a stroke survivor's ability to communicate independently.
- \$2.50 per two-week pay period, the price of a Starbucks latte, provides a patient with a platelet count.
- \$2.50 pays for one hour for a child with diabetes at camp.
- \$3.75 sends a diabetes information kit to a newly diagnosed individual.
- \$10 provides diabetes risk tests to 500 individuals.
- \$15 provides transportation for a dialysis patient to get to and from the dialysis center, or for 1 day in the hospital
- \$21 pays for one minute of diabetes research.
- \$25 enables a diabetic kidney patient to purchase a 2-3 month supply of syringes.
- \$50 enables a hypertensive kidney patient to purchase a blood pressure cuff.

United Negro College Fund

- \$1.00 per week will help pay for notebooks, calculators, pens and pencils
- \$2.00 per week will help pay for a student's fees
- \$10.00 per week will help pay for a student's books for a semester
- \$20.00 per week will help pay for a student's books for a year
- \$45.00 per week will help pay for a student's room and board for a semester
- \$90.00 per week will help pay for a student's tuition for a semester

Char-Em United Way

\$1/week = \$50 \$5/week = \$250 \$10/week = \$500

American Red Cross

- \$50 – Formula and diapers after a fire;
- Or Train 20 community members in the basics of CPR compressions
- \$250 – support two classroom presentation (3 sessions each) of WHALE Tales (Water Habits are Learned Early); water safety for elementary students
- \$500 – Provide training to (8) local Disaster Relief Volunteers.

Bergmann Center

- \$50 provides transportation for one client to and from a volunteer site one day per week, where client has opportunity to work on job skills.
- \$250 provides transportation to and from Bergmann Center for one client residing in Charlevoix County five days per week.
- \$500 provides transportation for two clients to have the opportunity to work three days a week at a job site in the community.

Child & Family Services

- \$50 will help keep new toys and games in our family visitation rooms for families seeking to reunite after foster care
- Or one session of counselling for a child or adult that is un- or underinsured

- \$250 supports mentoring, recreation, and skills-building programs for youth transitioning from foster care to adulthood
- \$500 supports a year's worth of recreational and therapeutic activities for a child that has been victimized by sexual abuse

Exceptional Riders

- \$50 would provide lessons for one special needs individual to have an eight week session in therapeutic horseback riding.

Vital Care Adult Day Services

- \$50.00 would provide an 8 hour day at our center for a client.
- \$250.00 would provide an extra day a week, transportation to and from as well as a shower for some of our clients.
- \$500.00 would provide 10 days to be dispersed amongst some of our younger clients.

United Negro College Fund

- \$2 per pay period will help pay for school supplies, calculators, etc.
- \$5 per pay period will help pay for a student's fees for a semester
- \$10 per pay period will help pay for a student's books for a semester
- \$20 per pay period will help pay for a student's books for the year
- \$50 per pay period will help pay for a student's room and board for a semester

United Way of Southwest Michigan

- For \$1.00 per week, \$52 annually, you could sponsor 3 preschoolers for the Book Bag program which provides them with 9 paperback books each year along with parent activities. That's one book per month during the school year! Program is operated through Berrien County RESA.
- For \$500 a year, only \$10 a week, you can sponsor a financial literacy class for elementary, junior high or high school students through Junior Achievement.
- Your investment of just \$25 has the potential to save \$19,415! A grab bar in the bathroom of a senior citizen could prevent a fall with serious injury. The average cost of a fall injury is \$19,440!
- A \$35 gift allows a senior citizen to access vital medical and social services by funding mileage reimbursement for volunteer drivers, taxi service and/or for local round-trip medical transportation.
- \$5 a week can install an amplification system in the home of a senior or disabled adult so they can hear the phone, TV or their medication box that reminds them to take their medication. For many people, this is the difference between being safely at home or in a nursing home.
- \$10 per month will provide personal hygiene products for low-income individuals including soap, shampoo, toothpaste, and deodorant. Access to these products greatly improves one's health, dignity, wellbeing and sense of self-worth.

Heart of West Michigan United Way

- \$1 a week (\$52 a year) allows a food pantry to purchase over 305 pounds of food for needy residents of West Michigan
- \$3 a week (\$156 a year) trains six volunteer Schools of Hope tutors who will read 30 minutes each week with a Grand Rapids Public student
- \$5 a week (\$260 a year) provides 52 nutritious meals delivered to a home-bound senior citizen
- \$10 a week (\$520 a year) enables 4 medical visits for children or pregnant women who are without health insurance

America's Charities

- \$26 per year will buy food to keep a cell line alive for one year. These cells are used in the laboratory for testing to find treatments and cures for aging-related medical conditions. (Alzheimer's and Aging Research Center)
- \$6 buys one month's supply of pipettes used to transfer tumor cells from storage ovens to testing dishes in preparation for experiments. (Alzheimer's and Aging Research Center)
- \$10 per month buys enough plastic pipette tips to conduct nearly 5,000 tests to find compounds to prevent proteins that play a part in forming the plaque associated with Alzheimer's. (Alzheimer's and Aging Research Center)
- \$26 per year will buy two prostate screenings at Prevent Cancer State Fair free health screening booths. (Cancer Research and Prevention Foundation)
- \$25 or .50 cents a week for one year can help us supplement our inventory by purchasing new blouses and shoes to complete a woman's interview attire. (Dress for Success Worldwide)
- \$5 per month will help send 35 pounds of food to hungry children in the U.S. each month. (Feed The Children)
- \$26 per year will help send 185 pounds of food to hungry children in the U.S. (Feed The Children)
- \$1- Can make one Magic Button for a Wish Child. This Wish Button is what distinguishes our special guests from other tourists at the popular Central Florida attractions. The Magic Button is each family's ticket to free parking, free stroller and wheelchair rentals, Express and Fast Pass to rides and attractions, recognition for extra special attention at parks, and more! (Give Kids the World)
- \$12 can provide a set of 12 easy-to-read cancer survivorship brochures for underserved populations. (Lance Armstrong Foundation)
- \$26 purchases approximately 50 pounds of pet food to be delivered by one of our Emergency Relief Waggin' vehicles after a natural or man-made disaster. (PetSmart Charities)
- With \$10, RIF can provide free books and literacy resources to one child for an entire year. (Reading is Fundamental)
- \$26 per year will allow an individual to network with others that have the same disorder. (National Organization for Rare Disorders, NORD)

United Way of Jackson County

- If I gave up one soda a day, it would provide 350 meals from the Food Bank
- If I gave up a bag of chips a day, it would provide for 20 calls for help from 2-1-1
- If I gave up a fast food sandwich a day, it would provide health care for three uninsured residents with Project Access

United Way of the Lakeshore

- A gift of \$1 per week allows 2-1-1 to link five families at risk of losing their housing to foreclosure prevention and rent assistance programs.
- A gift of \$1 per week provides enough nails to build one Habitat for Humanity home.
- A gift of \$2 per week purchases two graphite canes with roller tips to help a blind individual travel safely.
- A gift of \$2 per week provides a bathtub for one Habitat for Humanity family's new home.
- A gift of \$3 per week teaches seven children at the YMCA to swim.
- A gift of \$3 per week allows 10 adult Boy Scout leaders to attend leadership training.
- A gift of \$5 per week provides two days of Hospice care for someone wishing to die with dignity.

- A gift of \$5 per week provides child care for a woman participating in substance abuse treatment.
- An Everyday Hero gift of \$7 per week covers attorney costs for one domestic violence case.
- An Everyday Hero gift of \$7 per week allows 36 inner-city youth to join a Scoutreach program for one year.
- A gift of \$10 per week supports a bi-monthly support group for a woman suffering from post-partum depression.
- A gift of \$10 per week allows 2-1-1 to talk to 54 parents about enrolling their uninsured children in the MI-CHILD program.

United Way of the Eastern Upper Peninsula

Your donation of \$1 per week provides:

- American Red Cross – Emergency Communications for three military service people in times of births, deaths or family emergencies, often resulting in their return home
- Diane Peppler Resource Center – 15 meals for a resident
- EUP Community Dispute Resolution Center – Parenting time mediation for estranged, divorcing or divorced parents who cannot afford to pay for mediation
- Girl Scouts – 5 girls with year-long memberships
- Boy Scouts – One campership for Cub Scout camp

Your donation of \$2 per week provides:

- Girl Scouts – Handbook and leader training materials for an entire troop
- Boys and Girls Club of Bay Mills – A scholarship for Annual Membership
- Diane Peppler Resource Center – 35 round trips of transportation within the city limits for their clients
- EUP Food Bank – 325 meals

Your donation of \$3 per week provides:

- Boy Scouts – One campership for Boy Scout Camp

Your donation of \$5 per week provides:

- Girl Scouts – Outdoor Training Workshops for 50 troop leaders
- Boys and Girls Club of Bay Mills – A lunch every day for one member
- Hospice of the EUP – A package of bed pads or comfort baths for a client who is terminally ill
- Community Health Access Coalition – The opportunity to coordinate \$3,000 in donated care, hospital services and pharmaceuticals for the uninsured
- Catholic Charities – A mental health assessment and plan for someone with a mental health and/or substance abuse problem

Your donation of \$10 per week provides:

- EUP Food Bank – 1,625 meals
- Catholic Charities – Counseling for a person suffering from depression
- Community Health Access Coalition – The opportunity to coordinate \$4,500 in donated services from War Memorial Hospital, Helen Newberry Joy Hospital, and Mackinac Straits Hospital for the uninsured
- EUP Community Dispute Resolution Center – 12 hours of conflict resolution training for two classes of about 40 school aged youth
- Girl Scouts – 3 girls experience a life-changing week of summer resident camp
- Safe Haven – 34 homeless vouchers for food & sundry items
- Big Brothers/Big Sisters – Mentoring activities for 54 children at risk

Your donation of \$12 per week provides:

- Hospice of the EUP – One case of Ensure or a package of Depends for a client who is terminally ill

United Way of Marquette County

- A pledge of \$5 per week will buy a front door for the safe, decent, affordable home of a Marquette County family in need. (Habitat for Humanity)
- It takes less than \$1 a day to help provide 2 special activities between youth and Pathways special seniors. (GLRD)
- A pledge of \$5.00 or one Big Mac Meal Deal will provide heat for adult and child victims of domestic violence who are staying at the Harbor House for one entire day. (Women's Center)
- \$8 a week or a pizza with one topping will provide a life changing one to one relationship with a Big Brother or Big Sister for a local child. (BBBS)
- A pledge of \$1 per week will provide national dues for 5 girls to participate in a year of leadership and confidence-building programs in Girl Scouts.
- Pass on the flavored, Grande specialty coffee twice a month (\$10) and your donation will fund a month-long YMCA membership for a low-income youth. (YMCA)
- A pledge of \$5.89 per week will assist an average cancer patient with a year's worth of medication, treatments, travel and other expenses. (Ishpeming Cancer)
- A pledge of \$40 will cover the cost of a 500 mile round trip car ride for a patient traveling from northern MI to lower MI for treatment. (Children's Leukemia Foundation of MI)
- A \$465 sponsorship will provide a Voices for Youth participant with apartment housing, case management services, skills acquisition group attendance, transportation, food, clothing, and personal care items for one month as they move towards self-sufficiency. (Lutheran Social Services)

United Way for Southeastern Michigan

\$1 per week—*the price of a can of soda a week or one coffeehouse coffee a month*

- Provides a specially made smoke detector for a family with a hearing-impaired child.
- Provides credit counseling and financial literacy services for one woman in a transitional housing program.

\$2 per week—*the price of one can of Red Bull*

- Provides a one-room, two-night stay for an individual or small family displaced by a house or apartment fire.
- Provides training for four new volunteers.

\$5 per week—*the price of a fast-food lunch*

- Provides one hour of counseling to a trouble youth.
- Provides materials for activities conducted with children in a site-based mentoring program.

\$12 per week—*the price of a CD*

- Provides a nutritional in-program snack for seven children who may not be fed at home.
- Provides 30 sweat suits for rape survivors.

\$20 per week—*the prices of movie tickets for two*

- Allows four families to receive food and presents during the holiday season.
- Provides eight days of overnight respite services for someone caring for an aging parent.

Global Impact

- \$10 per pay period restores vision to five people in Vietnam by enabling them to have cataract surgery
- \$10 per pay period provides 240 children and adults in Cambodia with enough Vitamin A for a year, boosting their immune systems and fighting off infections

- \$20 per pay period furnishes basic medications, supplies, equipment and dressings to treat 1,500 displaced citizens in Iraq for three months
- \$20 per pay period provides 173 doses of antiretroviral drugs for HIV-positive mothers or children in Kyrgyzstan
- \$25 per pay period supplies 65 bed nets to protect against malaria in Kenya
- \$25 per pay period buys four fuel-efficient eco-stoves, ovens and stovepipes for families in Honduras.

United Way of the Battle Creek and Kalamazoo Region

- \$1.00 a week will provide financial assistance for five girls to join Girl Scouts Heart of Michigan
- \$1.00 a week will ensure that a person with a severe developmental disability will receive 12 hours of home assistance through WMN Center for Disability Services.
- \$2.00 a week provides homework assistance for a school age child during the Boys & Girls Clubs' Power Hour
- \$3.00 a week will pay for a week of licensed and nationally accredited child care and education for the child of a single mother staying in the domestic violence shelter housed in the YWCA as she searches for safe housing and a job.
- \$3.00 a week allows an at-risk student to receive tutoring during the school year at Portage Community Center.
- \$3.00 a week provides a membership for a single parent family at YMCA Kalamazoo County Family.
- \$5.00 a week pays for a weekend retreat of facilitated strength building and fellowship for two adults struggling with epilepsy through the Epilepsy Foundation of Michigan
- \$5.00 a week to Goodwill Industries of SW MI pays for vehicle repairs for a person so they can keep their job
- \$5.00 a week will provide half the cost of security deposit for a family leaving shelter or will provide one month's rent subsidy for two bedroom apartment through Housing Resources, Inc.
- \$5.00 a week will allow 75 Volunteer Guidebooks to be printed and distributed by Volunteer Center of Greater Kalamazoo
- \$10.00 a week helps prevent an eviction or utility shut-off for four families through Portage Community Center.
- \$10.00 a week will pay for four months of mentoring for young women determined to become personally and economical self-sufficient through the YWCA.

Washtenaw United Way

\$1 a week—a total of \$52 a year

- Buys milk to drink with breakfast, lunch and a snack for 96 children every day for 1 week
- Helps a domestic violence survivor serve the batter with an Order of Protection

\$3 a week—a total of \$156 a year

- Provides an attorney to a family facing eviction to help negotiate an enforceable reasonable payment plan to keep their housing
- Supports one group literacy tutoring session

\$5 a week—a total of \$260 a year

- Helps 10 uninsured students apply for MI Child health insurance
- Provides support for a 6-week after-school bully-prevention Program

\$10 a week—a total of \$520 a year

- Provides enough scholarship money for a low-income family for 1 child to attend day-care for

one month.

- Helps a person with a disability find a job or launch a small business by educating and preparing them in today's business environment

\$15 a week—a total of \$780 a year

- Helps 4 low-income families access emergency funds to prevent eviction or to purchase necessary seasonal clothing
- Provides parents of children enrolled in pre-school programs with educational programs for 1 year

\$20 a week—a total of \$1040

- Helps 1 homeless family with move-in costs (security deposit, first month's rent, moving van)
- Provides 2 adults with 1:1 reading tutor for a full year

From Neighbor to Nation

(Per Pay Period)

- \$1 pays for one bilingual outreach course to recruit and educate 20 potential clinical trial participants.
- \$1 pays for one hour of needs assessment and referral to a Genetic Counselor, and/or Physical Therapy Program.
- \$1 pays for parking for 5 doctor visits for a patient with Leukemia.
- \$2 buys four textbooks for a child that is being homeschooled.
- \$2 covers the cost of one blood test.
- \$2 guarantees a memorable holiday experience for a child suffering from cancer.
- \$2 pays for a bus fare for a parent to visit his/her sick child in the hospital.
- \$2 pays for local community health training.
- \$2 provides 14 pounds of much needed necessities for disaster victims.
- \$2 provides 25 cups of powdered milk for hungry children.
- \$3 covers the co-pays for 4 doctor visits.
- \$3 pays for a cleft lip/palate surgery for a person overseas.
- \$3 pays for one patient's complete medical exam.
- \$3 provides a 25 pound box of food and personal care items to needy people overseas.
- \$5 buys a three week worth of baby food for one child in an orphanage.
- \$5 buys one week worth of live saving HIV medication.
- \$5 covers 6 weeks of parking expense at a hospital.
- \$5 delivers 36 pounds of food to hungry children each month to a Third World country.
- \$5 pays for parking for a hospital visit for a child with cancer to receive treatment.
- \$5 provides baby formula for a baby in a Romanian orphanage.
- \$10 covers half the co-pay for one bone marrow biopsy.
- \$10 pays for a tumor removal or an orthopedic procedure.
- \$10 provides 71 pounds of food or other necessities to a needy family.
- \$10 provides HIV counseling and testing for 25 at-risk women and men.
- \$10 provides, in combination with other similar gifts, financial support for an investigator or research assistant who serves a vital role in conducting breast cancer research that leads to improved treatments, enhanced diagnostic equipment, better genetic tools and more information on prevention.
- \$20 buys a cow, providing valuable nutrition and income for a family in Central America.
- \$20 pays for critical medical education for 10 leading research professionals.

- \$20 provides the co-pay for one bone marrow biopsy.
- \$25 provides up-to-date HIV education for nearly 850 people.
- \$50 covers the co-pays for two months of prescription drug.
- \$100 ensures someone suffering from cancer, the opportunity for one full month of chemotherapy treatment.

From Earth Share of Michigan

- \$0.50 a pay period buys a soil core sampler for monitoring soil pollutants
- \$1.00 a pay period will buy a pair of heavy duty tree loppers to maintain nature trails
- \$5.00 a pay period buys a pair of child size snowshoes for winter exploration and outdoor science study
- \$10.00 a pay period will buy a fire suit and helmet for a volunteer on a prairie burn
- \$15.00 a pay period buys a Water Quality Field testing Kit to monitor rivers and streams
- \$24.00 annually can help educate individuals about protecting urban green space, restoring residential recycling, and implementing new clean energy standards in their communities.
- \$26.00 annually buys: Trail markers for a nature sanctuary
- \$26.00 annually buys school gardening equipment
- \$26.00 annually buys: An hour-long education program for grade school student about Sandhill Cranes. \$48.00 annually can plant two trees to help restore an urban tree canopy and absorb the CO2 in our atmosphere.
- \$48.00 annually can help protect one acre of land in Michigan and ensure the conservation of natural areas that are critical to our wetlands, open space and diverse wildlife.
- \$48.00 annually can help alert residents about pollution levels at their local beaches or allow for toxic chemical testing in children's toys so individuals can make safe choices.
- \$52.00 annually buys the testing of one children's toy for toxic chemicals
- \$52.00 annually helps the Legacy Land Conservancy protect an acre of land
- \$52.00 annually buys environmental education material for one classroom
- \$72.00 annually can support citizens' groups working to convert abandoned railroads to "rail-trails" for walking, biking, and recreation in natural areas that might otherwise be lost.
- \$130.00 annually buys: Fireproof pants for burn crew
- \$130.00 annually buys a fun, hands-on environmental workshop to an elementary classroom
- \$130.00 annually buys: A dozen Bluebird houses to replace or augment existing houses at bird sanctuaries.
- \$130.00 annually buys transportation for one field trip for 50 youth
- \$260.00 annually buys: Travel to over 20 public boat ramps, tackle shops, and lake associations to teach "best practices" for sharing Michigan's lakes with Common Loons, a threatened species in Michigan.
- \$260 annually buys 7 air quality monitors and 7 lab tests
- \$260.00 annually buys: Equipment to control invasive plants
- \$260.00 annually will restore one acre of prairie.
- \$390.00 annually buys the installation of one stream improvement structure
- \$390.00 annually buys: entrance and trail signs for a nature sanctuary
- \$520.00 annually buys: Trail maintenance for one year at a nature sanctuary
- \$520.00 annually buys the purchase and permanent protection of a half-acre of land in Northern Michigan that can be enjoyed today and by future generations.

- \$520.00 annually buys a three day environmental leadership training for 100 youths and 10 teachers

Neighbor to Nation

AFA Planned Giving

- \$5 per month - Supports 3,480 Action Alerts informing parents of issues relative to and affecting their children and family.
- \$10 per month - Supports 1,760 persons informed of current issues and breaking news stories from an unbiased perspective on onenewsnow.com.
- \$20 per month - Supports the education of 40 households regarding concerns and issues through receipt of the American Family Association Journal, including entertainment and human interest stories as well as in-depth reporting, all geared toward protecting and information the family.
- \$30 per month - Supports 2 1/4 minutes of radio programming reaching thousands of households and businesses across the US on almost 200 radio stations and worldwide on the internet. This is 24 hour a day programming which offers music and information from a Christian perspective.

